

- 1. Community Mental Health Centers and Behavioral Health Hospitals:** Call the Main Number and ask for Emergency Services 24-7 crisis counseling. Services may include psychological first aid, crisis counseling for schools, debriefings and general disaster mental health care. Department of Mental Health state disaster mental health teams (R.E.S.T) can be contacted through the local CMHC.

**Porter Starke:** Main Number: (219) 531-3500 ask for Emergency Services. Contacts are Sandy Carlson cell: (219) 241-7137 [scarlson@porterstarke.org](mailto:scarlson@porterstarke.org) and Kyle Otten (219) 241-2681 [kotten@porterstarke.org](mailto:kotten@porterstarke.org)

**Regional Health System:** Main Number: (219) 769-4005 ask for Emergency Services. Contacts are Kathleen Hartmen-McCarthy cell: (219) 613-4340 [kathleen.mccarthy@regionalmentalhealth.org](mailto:kathleen.mccarthy@regionalmentalhealth.org) or Brian Dieckmann cell: (219) 677-2462 [brian.dieckmann@regionalmentalhealth.org](mailto:brian.dieckmann@regionalmentalhealth.org)

**Edgewater Behavior Health Systems:** Main Number: (219) 885-4264 ask for Emergency Services. Contacts are Jerrica Butler cell: (815) 715-4546 [jebutler@edgewaterhealth.org](mailto:jebutler@edgewaterhealth.org) or Ronald Williams cell: (219) 384-1813 [rdwilliams@edgewaterhealth.org](mailto:rdwilliams@edgewaterhealth.org)

**Swanson Center:** Main Number: (219) 879-4621 or after hours (885) 325-6934 Contacts are: Dr. Donna Bard [dbard@swansoncenter.org](mailto:dbard@swansoncenter.org) or Robert Boklund [rboklund@swansoncenter.org](mailto:rboklund@swansoncenter.org)

**Franciscan Health Behavioral Services:** Contact Sue Heaton, (219) 865-2141 Ext. 46190 (o) (219) 688-9419 (c) [Susanne.heaton@franciscanalliance.org](mailto:Susanne.heaton@franciscanalliance.org) or EAP Julie Kisse (219) 662-3732 (o) & (219) 789-5674 (c)

- 2. American Red Cross Mental Health:** Northwest Indiana and State of Indiana Mental Health Lead: Jerry Montgomery (219) 617-0526 [jerry.montgomery5@redcross.org](mailto:jerry.montgomery5@redcross.org)

- 3. Critical Incident Stress Management (CISM) Team** The Police/Fire/EMT chief should contact their internal CISM Team, EAP and chaplain immediately. If no EAP or chaplain support available, text local CISM volunteers for a debriefing held 24 to 48 hours after an incident. ICISF [www.icisf.org](http://www.icisf.org) provides training, team listings and a Hotline for first responder organizations: (410) 313-2473 All other organizations call (410) 750 9600.

**Lake, Newton and Jasper:** Robert Kulesa (219) 689-1628; Sue Heaton (219) 688-9419; Kathy Little (219) 730-7399; Pat Baily Johnson (219) 576-4847; Toni Halgas (219) 866-5141. Kathleen Hartmen-McCarthy cell (219) 613-4340

**Porter:** Jeremy Spargur (219) 746-5832; Pat Newel (219) 306-0131; Jay Birky (219) 508-8187; Debi Sibray (219) 771-6412; Sandy Appleby (219) 730-5836; Jeanne Brown (219) 242 4855; Sandy Carlson (219) 241-7137; Melissa Spargur (219) 384-4113. [jspargur@washingtonfire.net](mailto:jspargur@washingtonfire.net).

**La Porte Co:** Alan Harvey (219) 877-8364; Jerry Montgomery (219) 617-0526 [jerry.montgomery5@redcross.org](mailto:jerry.montgomery5@redcross.org)

- 4. Crisis Center and Hotline:** (Crisis line and may send crisis counselors) Main Number: (219) 938-7070 Brenda Comer (Clinical Director) [bcomer@crisiscenterysb.org](mailto:bcomer@crisiscenterysb.org) or Phil Smith (Hotline) [psmith@crisiscenterysb.org](mailto:psmith@crisiscenterysb.org)
- 5. 211 Information and Referral** (Contact 211 with information about the crisis or disaster so that they can field calls regarding the data base of organizations and social services in NWI and throughout the state of Indiana) Becky Ruiz-Harbinson cell (219) 545-1318 [bharbinson@nwi-ca.org](mailto:bharbinson@nwi-ca.org)
- 6. Local Counseling and Religious Organizations** (May be able to provide crisis counseling and support group services). Contact local community counseling services, 211 information and referral or the NWIN COAD Community Organizations Active in a Disaster for those who may be volunteering to assist in a disaster.
- 7. University Counseling Centers** (May be able to provide crisis counseling and support services). Contact Purdue University and Valparaiso University (Counseling Program) or Indiana University Northwest (Social Work Dept.)
- 8. State Police Crisis Response Team** (chaplain services, mental health, CISM) (317) 232-8248 <https://www.in.gov/isp/3200.htm>
- 9. ICART: Indiana Crisis Assistance Response Team:** (Based mostly in Indianapolis, may be able to contact volunteers to provide crisis counseling. (317) 596-2202) [indianacrisisresponseteam@gmail.com](mailto:indianacrisisresponseteam@gmail.com)
- 10. Medical Reserve Corp:** Indiana Department of Health (317) 233-1325 <http://www.serv-in.org/>